
Course Title

Course No.

Instructor: Elizabeth Nixon

COURSE DESCRIPTION

This course provides the student with an opportunity to explore the process of multi-model interpersonal communications. The focus will be on an application of a major theoretical model of communication in everyday relationships. Students will have the opportunity to explore relationships towards themselves and others. Students will obtain practice in the various skills involved in interpersonal interactions.

The difference between health and unhealthy relationships will be examined in terms of skill or competencies and this will be related to the problems of adults and youth in conflict with the law.

STUDENT PERFORMANCE OBJECTIVES

Upon successful completion of this course, the student will be able to:

1. discuss human communication as a fundamental life process through which we sense, make sense of, and transact with our environment and the people in it.
2. describe and differentiate between notions of effective and ineffective communication (verbal and non-verbal).
3. apply basic theoretical constructs gained from the course to real situations in his/her life.
4. demonstrate an increased awareness of his/her own communication behaviours and the manner in which he/she affects and is affected by others.
5. demonstrate an increased ability to cope directly with change and ambiguity.

LEARNING RESOURCES

Provided by the college:

The Learning Resource Centre has an array of books, journals, and tapes covering this topic. Films may be screened in class (if appropriate time allows).

Provided by the student:

Text: Looking Out/Looking In: Interpersonal Communications.
Adler, Ronald B, Towne, Neil. Kurt Edt.
Holt, Rhinehart and Winston, Toronto, 1981.

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METHODOLOGY

Classes will be conducted in a variety of ways with student participation an integral part of the learning process. It follows then that class participation (not merely attendance) will be considered extremely important. Classes will consist of lectures, discussions, structured activities, small group work, role playing, etc.

COURSE REQUIREMENTS

All assignments must be turned in on time. Emergencies or serious illness are considered the only valid excuse for late assignments.

1. There will be three (3) tests on the material from the text, class lecture and discussion, group activities, and in-class audiovisual sources. Each of the individual tests, including the final, will be worth 20% of the total grade.

Date of Tests: **T.B.A.**

2. Two self-assessment and intervention projects will be conducted by the student throughout the course. Appropriate materials, together with instructions, will be provided by the instructor.

Due dates: **T.B.A.**

METHOD OF EVALUATION

Tests (3)	60%
Self assessment projects (2)	30%
Class participation & attendance	10%
Total	100%

COLLEGE GRADING SYSTEM

90 - 100%	=	A+
80 - 89%	=	A
70 - 79%	=	B
60 - 69%	=	C
Below 60	=	R (Repeat Course)